



- Physical (4-6/wk)
- Intellectual (1-2/wk)
- Emotional (2-5/2 mo.)
- Vocational (2-5/2 mo.)
- Social (4-6/wk)
- Spiritual (4-6/wk)
- Environmental (2-3/pt-weekly)

**STAY COOL & HYDRATED!**

- DRINK WATER
- STAY COOL
- FEEL GREAT!

**JUNE BIRTHDAYS**

- June 10 Karl Moore
- June 16 Ingeborg Krusan
- June 23 Gloria Craig
- June 24 Judy Rawlins
- June 30 William Matthews

**ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO VOLUNTEER SCHEDULE AND INCLEMENT WEATHER**

**LOCATION KEY**

- Assisted Living
- Dining Room
- Theater
- Activity Room
- Garden Patio
- Library
- Outing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>7</b></p> <p>10:15-11:00 Seated Chair Yoga</p> <p>11:00-12:00 Nature Walk <b>OUT</b></p> <p>1:00-2:00 Classic Movie</p> <p>2:00-3:00 Card Games</p> <p>3:00-4:00 Creative Corner <b>AR</b></p> <p>4:00-5:00 Book Club</p> <p>6:00-7:00 Board Games</p>	<p><b>1</b></p> <p>10:15-11:00 The Happy Gardener <b>AL</b></p> <p>11:00-12:00 Bingo Social</p> <p>1:00-2:00 Trivia Games</p> <p>2:00-3:00 Book Club <b>LB</b></p> <p>3:00-4:00 Craft &amp; Creations <b>AR</b></p> <p>4:00-5:00 Yahtzee</p> <p>6:00-7:00 Mahjong</p>	<p><b>2</b></p> <p>10:15-11:00 Chair Exercises <b>AL</b></p> <p>11:00-12:00 Pizza Demo with Chef Nadia <b>AL</b></p> <p>1:00-2:00 Card Games</p> <p>2:00-3:00 Watercolor Painting <b>AR</b></p> <p>3:00-3:30 50 States Trivia</p> <p>4:00-5:00 Current Events</p> <p>6:00-7:00 Mahjong</p>	<p><b>3</b></p> <p>10:15-11:00 The Happy Gardener <b>AL</b></p> <p>11:00-12:00 Walking Club <b>OUT</b></p> <p>1:00-2:00 Craft Corner</p> <p>2:00-3:00 Group Games</p> <p>3:00-4:00 Recipe of the Proud</p> <p>4:00-5:00 Book Club <b>TH</b></p> <p>6:00-7:00 Devotions <b>TH</b></p>	<p><b>4</b> National Cheese Day</p> <p>10:15-11:00 The Happy Gardener <b>AL</b></p> <p>11:00-12:00 Walking Club <b>OUT</b></p> <p>1:00-2:00 Shopping Trip to Target <b>AR</b></p> <p>3:00-4:00 Group Games</p> <p>4:00-5:00 Classic Movie <b>TH</b></p> <p>6:00-7:00 Scrabble <b>DR</b></p>	<p><b>5</b> Happy Hours Fridays 2:00-3:00</p> <p>10:15-11:00 Nail Care w/ Kelly <b>AL</b></p> <p>11:00-12:00 Manicures &amp; Pampering</p> <p>2:00-2:00 Happy Hour <b>AL</b></p> <p>3:00-4:00 Classic Movie <b>AR</b></p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Scrabble <b>DR</b></p>	<p><b>6</b> National Donut Day</p> <p>10:15-11:00 The Happy Gardener <b>AL</b></p> <p>11:00-12:00 Coffee &amp; Chat <b>BR</b></p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Popcorn &amp; a Movie</p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Mexican Train</p> <p>6:00-7:00 Dominoes</p>
<p><b>14</b></p> <p>10:15-11:00 Sunday Worship</p> <p>11:00-12:00 Family Time</p> <p>1:00-2:00 Patriotic Activity</p> <p>2:00-3:00 Reflection &amp; Relaxation</p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Mexican Train</p> <p>6:00-7:00 Crossword Puzzle</p>	<p><b>8</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Seated Chair Yoga</p> <p>1:00-2:00 Guess the Movie</p> <p>2:00-3:00 Nature Walk</p> <p>3:00-4:00 Music &amp; Memories</p> <p>4:00-5:00 Visits from Donna &amp; Yoda</p> <p>6:00-7:00 Mahjong</p>	<p><b>9</b></p> <p>10:15-11:00 Chair Fitness</p> <p>11:00-12:00 Trivia Time</p> <p>1:00-2:00 Resident Council <b>DR</b></p> <p>2:00-3:00 Library Corner</p> <p>3:00-3:30 Crossword Challenge</p> <p>4:00-4:00 Poetry Corner</p> <p>4:00-5:00 Rummikub</p> <p>6:00-7:00 Evening Reflection <b>TH</b></p>	<p><b>10</b> National Iced Tea Day</p> <p>10:15-11:00 The Happy Gardener <b>AL</b></p> <p>11:00-12:00 Sensory Activity</p> <p>Library Multisensory</p> <p>Outing <b>OUT</b></p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Book Club</p> <p>6:00-7:00 Current Events</p>	<p><b>11</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Sensory Activity <b>A</b></p> <p>1:00-2:00 Shopping Trip to Target <b>AR</b></p> <p>3:00-4:00 Knit &amp; Memories <b>AR</b></p> <p>4:00-5:00 Book Club</p> <p>6:00-7:00 Current Events</p>	<p><b>12</b></p> <p>10:15-11:00 Beach Ball Toss</p> <p>11:00-12:00 Beach Fun Social</p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Melodies with Mayda <b>AL</b></p> <p>3:00-4:00 Classic Movie <b>TH</b></p> <p>4:00-5:00 Card Games <b>LB</b></p> <p>6:00-7:00 Sequence</p>	<p><b>13</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Coffee &amp; Chat</p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Happy Hour</p> <p>3:00-4:00 Popcorn &amp; a Movie</p> <p>4:00-5:00 Mexican Train</p> <p>6:00-7:00 Pictionary</p>
<p><b>21</b> Father's Day</p> <p>10:15-11:00 Sunday Worship <b>TH</b></p> <p>11:00-12:00 Family Time</p> <p>1:00-2:00 Patriotic Celebration</p> <p>2:00-3:00 Reflection &amp; Relaxation</p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Mexican Train</p> <p>6:00-7:00 Dominoes</p>	<p><b>15</b></p> <p>10:15-11:00 Seated Chair Yoga <b>X</b></p> <p>11:00-12:00 Today in History</p> <p>1:00-2:00 Group Games</p> <p>2:00-3:00 Social Lounge</p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Creative Writing</p> <p>6:00-7:00 Boggle</p>	<p><b>16</b></p> <p>10:15-11:00 Morning Fitness</p> <p>11:00-12:00 Devotions</p> <p>1:00-2:00 Ice Cream Social</p> <p>2:00-3:00 Sing-along</p> <p>3:00-4:00 Guided Meditation</p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Scrabble</p>	<p><b>17</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Walking Club <b>OUT</b></p> <p>1:00-2:00 Trivia Time</p> <p>2:00-3:00 Water Balloon Toss</p> <p>3:00-4:00 Sing a Praise Hymns <b>TH</b></p> <p>4:00-5:00 Hidden Meadow</p> <p>6:00-7:00 Mahjong</p>	<p><b>18</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Walking Club</p> <p>1:00-2:00 Shopping Trip to Target</p> <p>3:00-4:00 Group Games</p> <p>4:00-5:00 Classic Movie</p> <p>6:00-7:00 Dominoes</p>	<p><b>19</b> Juneteenth</p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Walking Club <b>OL</b></p> <p>1:00-2:00 Vintage Car Show <b>AL</b></p> <p>2:00-3:00 Happy Hour Together <b>AL</b></p> <p>3:00-4:00 Teapopping <b>TH</b></p> <p>4:00-5:00 Knit &amp; Memories <b>AR</b></p> <p>6:00-7:00 Card Games <b>LB</b></p> <p>6:00-7:00 Dominoes</p>	<p><b>20</b> First Day of Summer</p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Coffee &amp; Chat</p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Happy Hour</p> <p>3:00-4:00 Popcorn &amp; a Movie</p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Pictionary</p>
<p><b>28</b></p> <p>10:15-11:00 Coffee &amp; Chat</p> <p>11:00-12:00 Family Time</p> <p>1:00-2:00 Patriotic Choice Activities</p> <p>2:00-3:00 Reflection &amp; Relaxation</p> <p>3:00-4:00 Card Games</p> <p>4:00-5:00 Mexican Train</p> <p>6:00-7:00 Board Games</p>	<p><b>22</b></p> <p>10:15-11:00 Sunday Stretch</p> <p>11:00-12:00 Sunday Worship <b>TH</b></p> <p>1:00-2:00 Family Time</p> <p>2:00-3:00 Card Games</p> <p>3:00-4:00 Classic Movie <b>TH</b></p> <p>4:00-5:00 Word Games</p> <p>6:00-7:00 Board Games</p>	<p><b>23</b></p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Seated Chair Yoga</p> <p>1:00-2:00 Ice Cream</p> <p>2:00-3:00 Sing-along</p> <p>4:00-6:00 Hillsborough Gallery of the Arts Outing <b>OUT</b></p> <p>5:00-5:00 Visit with Dmsveco</p> <p>5:00-5:00 Evening Reflection</p> <p>6:00-7:00 Dominoes</p>	<p><b>24</b></p> <p>10:15-11:00 Chair Exercises</p> <p>11:00-12:00 Library Time</p> <p>1:00-2:00 Card Games</p> <p>2:00-3:00 A Visit from Donna &amp; Yoda</p> <p>3:00-4:00 Poetry Corner</p> <p>4:00-5:00 50 States Trivia</p> <p>6:00-7:00 Mahjong</p>	<p><b>25</b></p> <p>10:15-11:00 Morning Stretch</p> <p>11:00-12:00 AOSS Book Nook <b>LB</b></p> <p>1:00-2:00 Wendy's Adult Social Pals</p> <p>1:30-3:00 Shopping Trip to Target <b>OUT</b></p> <p>3:00-4:00 Classic Movie <b>TH</b></p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Music Memories</p>	<p><b>26</b></p> <p>10:15-11:00 Chair Fitness</p> <p>11:00-12:00 Beach Fun Social</p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Happy Hour <b>AL</b></p> <p>3:00-4:00 Classic Movie</p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Mahjong</p>	<p><b>27</b> National Sunglasses Day</p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Coffee &amp; Chat</p> <p>1:00-2:00 Puzzle Time</p> <p>2:00-3:00 Resident Choice Activities</p> <p>3:00-4:00 Popcorn &amp; a Movie</p> <p>4:00-5:00 Card Games</p> <p>6:00-7:00 Pictionary</p>
<p><b>30</b> Happy Birthday!</p> <p>10:15-11:00 The Happy Gardener</p> <p>11:00-12:00 Seated Chair Yoga</p> <p>1:00-2:00 June Birthday Celebration <b>DR</b></p> <p>2:00-3:00 Card Games</p> <p>3:00-6:00 Music &amp; Memories</p> <p>4:00-5:00 Evening Reflection</p> <p>6:00-7:00 Dominoes</p>	<p><b>29</b></p> <p>10:15-11:00 Coffee &amp; Chat</p> <p>11:00-12:00 Resident Choice Activities</p> <p>1:00-2:00 Creative Corner</p> <p>2:00-4:00 Card Games</p> <p>4:00-5:00 Word Games</p> <p>6:00-7:00 Board Games</p>					



Executive Director: **Tammy Martin**    Celebration Director: **Kelly Cook**    Volunteers are always needed!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Remy

<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm- Balloon Toss with Music</b> 4pm-5pm-Recollection Road (YouTube) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm- Father's Day Arts and Crafts</b> 4pm-5pm-m Deal or No Deal Show 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-- Memory care visit</b> 4pm-5pm--"The Price is Right" 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm- Cooking regional chesses/National cheese day</b> 4pm-5pm--Card Games &amp; Board Games 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-National donut day</b> 4pm-5pm-- BINGO 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-Balloon Volleyball (Patio)</b> 4pm-5pm- Guess the model car Trivia 6pm Movie, Residents Choice</p>	
<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Sunday Morning Devotion <b>1pm- 2pm-Arts and Crafts</b> 4pm-5pm- Trivia (50s,60s&amp; 70s) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm- TWIN DAY!</b> 4pm-5pm-Recollection Road (YouTube) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-Balloon Volleyball (Patio)</b> 4pm-5pm--Indoor bowling 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-- Memory care Auguste visit</b> 4pm-5pm- 1 SPY BOX 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm- National corn on the cob day (cooking street corn)</b> 4pm-5pm-Go Fishing ducks' game 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-- BINGO</b> 4pm-5pm- Hang Man 6pm Movie, Residents Choice</p>	
<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Sunday Morning Worship <b>1pm- 2pm-- Patio relaxation music</b> 4pm- 5pm- Music &amp; Memories Sing-along 6pm Movie, Residents Choice Flag Day (U.S.)</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm- Coffee and chat</b> 4pm-5pm-Recollection Road (YouTube) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-Kitchen Skills Taco Tuesday</b> 4pm-5pm-m Deal or No Deal Show 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm- Garden Planting</b> 4pm-5pm--"The Price is Right" 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm- Memory Care Picnic</b> 4pm-5pm--Card Games &amp; Board Games 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-- Coffee with Our Trader's Day Brunch</b> 2nd Annual TerraBella Durham's aipns Vintage Car Show, with the Timeless Classics 6pm Movie, Residents Choice Juneteenth</p>	
<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Sunday Morning Worship <b>1pm- 2pm-Patio (Music)</b> 4pm-5pm- Father's Day Bas Day 6pm Movie, Residents Choice Summer Regins Fierbes Day</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm- Raking ochad</b> 4pm-5pm-Recollection Road (YouTube) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm- Ice cream Social Fhnr</b> 4pm-5pm--Indoor bowling 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-- Memory care vistation day</b> 4pm-5pm- 1 SPY BOX 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-Bingo with (the Party)</b> 4pm-5pm-- Charades 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Inspirational Music <b>1pm- 2pm-The Magic of Pet Therapy</b> 4pm-5pm-- BINGO 6pm Movie, Residents Choice</p>	
<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45- Sunday Morning Worship <b>1pm- 2pm-Indoor bowling</b> 4pm- 5pm- Nature Documentary 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Monday Weekly Devotional <b>1pm- 2pm-Canvas Trap Art</b> 4pm-5pm-Recollection Road (YouTube) 6pm Movie, Residents Choice</p>	<p>9am-9:30am Daily Chronicle Daily Delight 10am-10:30 Daily Exercises 11am-11:45-Trivia (50s,60s&amp; 70s) <b>1pm- 2pm-June Birthdays Party</b> 4pm-5pm-m Deal or No Deal Show 6pm Movie, Residents Choice</p>	<h1>June 2026</h1>			